



Travel Softball Organization

2018/2019 Tryouts

August 2018

12U, 14U, 16U, 18U Ages

The Central Penn Lady Renegades travel softball organization for the 2017/2018 season has 12U, 14U and 16U teams. Tryouts will be held in early August for the 2018/2019 season. Current coaches include Nicki Starry and Kirsten Hertzog.

Teams practice both indoors and outdoors at In The Net, ITN Academy, and JBT Fieldhouse.

Tournaments are played at In The Net and tournament venues throughout the mid atlantic and east coast

CONTACT

centralpennrenegades.com
sue@inthenet.com
717-838-8706

OTHER KIDS???

Baseball Camp

June 12th—14th

Soccer Camps

Wk #1 June 18—21

Wk #2 Aug 6—9

GK Aug 6—9

Field Hockey Camp

June 25—28

Hosted by Alley Cats

Sibling Discounts

Free Camp T Shirts

Camp Information

www.inthenet.com

brad@inthenet.com



SPORTS COMPLEX



2018 Softball Camps

June 19—21

July 24—26

9:00am—1:00pm



SPONSORED BY

Mst MEMBERS 1st
FEDERAL CREDIT UNION

UPMC Pinnacle



CAMP BASICS

CAMP COST:

\$115 (Includes Camp T—Shirt)

GENDER: Girls

AGE GROUPS: 8 yrs—14 yrs



CAMP REGISTRATION

Registration for all Camps can be found at www.inthenet.com.

REGISTRATION DEADLINE

Camp Wk#1 June 19—21

Deadline June 12th

Camp Wk#2 July 24—26

Deadline July 17th

TYPICAL DAILY SCHEDULE

Day #1 # #2

8:45am—9:00am Check In

9:00am—9:30am Stretch / Warm Up

9:30am—10:30am Fielding / Positions

10:30am—11:30am Hitting

11:30am—1:200pm Base Running

12:00pm—1:00pm Competition / Scrimmage

Day #3

8:45am—9:00am Check In

9:00am—9:30am Stretch / Warm Up

9:30am—11:30am All Skills Review

11:30am—1:00pm Competition / Scrimmage

Camp Location

In The Net Sports Complex

798 Airport Rd.

Palmyra PA 17036



Contact Information

Ali Morton

717-838-8706

ali@inthenet.com

www.inthenet.com

