



Travel Softball Organization

2019/2020 Tryouts

August 2018

10U, 12U, 14U, 16U, 18U Ages

The Central Penn Lady Renegades travel softball organization for the 2018/2019 season has 10U, 12U, 14U and 18U teams. Tryouts will be held in early August for the 2019/2020 season. Current coaches include Nicki

Starry, Kirsten Hertzog, Jason Zubler, Chrisi Lerchen, Kerry Long Sr & Kerry Long Jr.

Teams practice both indoors and outdoors at In The Net, ITN Academy, and JBT Fieldhouse.

Tournaments are played at In The Net and tournament venues throughout the mid atlantic and east coast

CONTACT

centralpennrenegades.com
sue@inthenet.com
717-838-8706

OTHER KIDS???

Baseball Camp

June 19—20

July 24—25

Ages 8yrs—12 yrs

Soccer Camps

Wk #1 June 17—20

Wk #2 GK July 30—1

Wk #3 Aug 5— 8

Ages 9 yrs—16 yrs

Field Hockey Camp

June 24—26

Hosted by Alley Cats

Ages 1st—8th grade

Sibling Discounts

Free Camp T Shirts



[Camp Information](#)

www.inthenet.com



SPORTS COMPLEX



2019 Softball Camps

June 25—26

July 30—31

9:00am—1:00pm



SPONSORED BY

Mst MEMBERS 1st
FEDERAL CREDIT UNION

UPMC Pinnacle



CAMP INSTRUCTION

Ali Morton

Manheim Central Alumni

Former Manheim Central JV Coach

In The Net SB Tournament Director

In The Net Softball Staff

In The Net Softball instructors will provide instruction during the two day camp. They will focus on each of their specialties, pitching, hitting, and fielding.

CAMP REGISTRATION

Registration for all Camps can be found at www.inthenet.com.

REGISTRATION DEADLINE

Camp Wk#1 June 25—26

Deadline June 18th

Camp Wk#2 July 30—31

Deadline July 23rd

TYPICAL DAILY SCHEDULE

Day #1

8:45am—9:00am Check In

9:00am—9:30am Stretch / Warm Up

9:30am—10:30am Fielding / Positions

10:30am—11:30am Hitting

11:30am—1:200pm Base Running

12:00pm—1:00pm Competition / Scrimmage

Day #2

8:45am—9:00am Check In

9:00am—9:30am Stretch / Warm Up

9:30am—11:30am All Skills Review

11:30am—1:00pm Competition / Scrimmage

Camp Basics

CAMP COST:

\$95(Includes Camp T—Shirt)

GENDER: Girls

AGE GROUPS: 8 yrs—14 yrs

Camp Location

In The Net Sports Complex

798 Airport Rd.

Palmyra PA 17036

Contact Information

Ali Morton

717-838-8706

ali@inthenet.com

www.inthenet.com

