



Camp Staff

Tami Scola

Alley Cats Director

Gina Allessie

Alley Cats Director / Alvernia
College – Volunteer Assistant Coach

Jenny Rizzo

Hershey HS Alumnus / Penn State
Graduate / USA National Team
Member

Cheyenne Rodriguez

Alley Cats Coach / Hershey HS
Alumnus / Providence College

Mackenzie Allessie

Alley Cats Coach / USA National
Team Member

Camp Location and Contact Information

Camp Location

In The Net Sports Complex
798 Airport Road
Palmyra, PA 17078



Contact Us

Brad Frye

Email: brad@inthenet.com

Phone: 717-838-8706

Website: inthenet.com

Gina Allessie

717-443-6867



SPORTS COMPLEX

**IN THE NET
FIELD HOCKEY
SUMMER
CAMPS:
POWERED BY**



August 10 – 13

6:30-8:00 PM

SPONSORED BY:

M1st MEMBERS 1st
*FEDERAL CREDIT UNION

UPMC
LIFE CHANGING MEDICINE



IN THE NET SPORTS COMPLEX

798 Airport Rd.
Palmyra, PA



Why Should I Choose In The Net?

Here are a couple of reasons...

In The Net Field Hockey Camps provide your young athletes with access to one of the premier coaching staffs in all of Pennsylvania. With several current and former members of Team USA, multiple college field hockey stars, and experienced coaches, In The Net will give your athlete access to learn from some of Central PA's greatest coaches and athletes, while learning the importance of sportsmanship and teamwork in sports.

Camp Basics

At In The Net's Field Hockey, Camps, we want your athlete to improve their Field Hockey skills and techniques while having fun. Some of the skills that we will focus on will be:

Dribbling

Passing

Ball Control

Defensive Tackling

Positioning

Teamwork

Agility & Footwork

Scanning & Tracking

Sportsmanship



Camp Information

Camp Cost: \$95 (Includes Camp T-Shirt)

Camp Discounts: Register by July 15th Using the Code Early10 and Receive \$10 Off of the Camp Price

Open to Girls and Boys

Age Group: 6 – 16 Years Old

How to Register: Visit www.inthenet.com or Email brad@inthenet.com / Register by June 15th 2020

